

Anti-Aging Facial

This age defying facial improves circulation, increases oxygenation and promotes cell renewal to help diminish fine lines and wrinkles. Our targeted treatment is specifically designed for pre-mature aged skin caused by stress, dehydration and sun damage. A blend of Vitamin A and natural plant extracts hydrate, plump and firm leaving the skin with a youthful glow. (\$180, 60 min.)

Gentlemen's Facial

Using botanically based products designed especially for men by men, this targeted, solution-based, deep-cleaning and exfoliating treatment will leave skin feeling soft, protected and prepared for the day. This facial includes a complimentary brow clean up. (\$180, 60 min.)

TeenClean

This facial is a specialized experience targeted for teen's specific skincare concerns. Our esthetician performs a skin analysis to determine your skin-care needs and offers tips on maintaining luminous skin throughout adulthood. Using products to suit your specific needs, this facial includes light exfoliation, extractions (if necessary) and a specialty mask. The results leave the youthful skin naturally beautiful, and glowing. (\$180, 60 min..)

Back Bliss

Rejuvenate your back with this deep-cleansing back "facial" which includes steam and our signature volcanic ash mask, neck and shoulder massage and moisturizers for complete hydration. (\$180, 60 min.)

OXYGEN SPECIALTY FACIALS

Rejuvenate

This advanced soothing treatment is suitable for all skin types. Oxygen is applied directly to the skin's surface increasing the absorption of the powerful Rejuvenating Serum. With one treatment, your skin will look brighter, deeply hydrated with a noticeable reduction of fine lines and wrinkles. (\$225, 60 min.)

Opulence Brightening

This treatment combines botanical skin brighteners with concentrated Vitamin C to balance, brighten and treat uneven skin tone for an instant luminous glow. (\$225, 60 min.)

Atoxelene

The infusion of Rejuvenate and Atoxelene serums are designed to work together to smooth the forehead, soften eye contour and immediately plump the lips for instant results. Your skin will emerge deeply hydrated, balanced and glowing with vitality. (\$280, 90 min.)

OTHER SKINCARE SERVICES

Enhancements

Eye Brightening Mask	\$10
Collagen Lip Mask	\$30
Serum Boosters	\$30
Atoxelene Wand	\$30

Waxing

Lip, Chin, Brow	\$20
Full Brow	\$35
Face (all three)	\$55



FROM THE EARTH'S CORE, APPLIED BY HAND

The Indian Springs Spa offers a selection of traditional spa treatments recognized for their healing, lasting qualities. These include massage, body treatments and scrubs, facials, mud baths and mineral water soaks. Our mud baths are renowned and consist of thermal mineral water from our geysers and 100 percent pure volcanic ash from our grounds. Our spa therapists are carefully selected to provide the most individualized treatment possible. They embody our family's core values of care, attention and thoughtful well-being.



INDIAN SPRINGS
CALISTOGA

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INDIAN SPRINGS MUD BATH

Experience an Indian Springs ritual and our signature treatment. Spa attendants immerse you in layers of warm volcanic ash before offering you a mineral water soak, steam, and blanket-wrapped cool down. Perfect for detoxifying and relaxation. \$105

Step by Step:

- Your attendant will help you into the tub and then cover you from neck to toe with warm volcanic mud. Bliss. (10 minutes)
- Rinse off in the shower. Soak in pure Indian Springs geyser water, rich in minerals and salt. (15 minutes)
- Delicious cucumber citrus water is offered throughout to keep you hydrated.
- A steam room with moist, mineral heat is an option. (5–10 minutes)
- In a private room, you are wrapped in soft flannel blankets. Cucumber slices are placed on your eyelids. Take time to cool down. (15 minutes)

MINERAL BATHS

Indian Springs Classic Mineral Bath

Pure thermal water soak that includes everything in our mud baths but the mud. Immerse yourself in a deep tub of natural geyser mineral water. Sip refreshing cucumber citrus water and relax. Enjoy the eucalyptus steam room. Rest and cool down wrapped in soft flannel. A great prelude to a massage or as a treatment on its own. (\$95, 45 min.)

Chardonnay Bubble Bath

Treat yourself to some well-deserved pampering by taking advantage of the many benefits from our mineral waters with a Chardonnay twist. Soak in this luxurious nutrient-rich Bubble Bath that rejuvenates both the body and soul. The unique scent of pomegranate combined with the essences of Chardonnay will delight all your senses. After soaking you will experience the steam room followed by the traditional cool down wrap. (\$105, 50 min.)

Mommy-to-be Milk Bath

This is a divine bathing experience every mother to be deserves. Designed to pamper and ease tired sore muscles as well relax and hydrate the body. The luxuriant milk bath infused with our mineral water soothes dry and itchy skin as the belly grows. After soaking in the bath, the treatment ends with a cotton blanket wrap and cooling cucumbers on the eyes for the ultimate experience. (\$105, 50 min.)

MASSAGE

There's nothing like a massage from a professional therapist to improve relaxation, good health and circulation.

Swedish Massage

Our signature medium pressure massage is designed to relax and rejuvenate. Using our signature scented custom organic grape seed oil-this massage will leave you in a state of deep relaxation and balance. (\$175, 60 min./\$260, 90 min.)

Deep Tissue

Recharge your body with this firm massage designed to alleviate deep-seated tension and muscular stress. Strong movements and stretching techniques concentrate on specific areas of concern, while incorporating Arnica balm, the deepest tension relief. (\$190, 60 min./\$280, 90 min.)

Motherhood Bliss

This therapeutic massage soothes the mother-to-be by focusing on the many stressors that the body encounters during pregnancy. Our organic maternity body products are designed to offer relief, comfort, and relaxation during all stages of pregnancy. (\$180, 60 min.)

Aromatherapy Massage

This gentle unique massage treatment offers you an immersive experience in the ancient science of aromatherapy—incorporating heat therapy with essences of aromatic herbs, flowers and trees to heal, nourish and balance the body. (\$180, 60 min./\$265, 90 min.)

Couples Massage

Whether you partner with a friend or loved one, this massage experience allows you to enjoy one another's company side by side while each receiving our Signature massage in our specially designed couple's room. (\$175 per person, 60 min./\$260 per person, 90 min.)

Head & Sole Massage

This is the perfect treatment for those wanting to focus “solely” on their head, scalp, neck and feet! (\$175, 60 min.)

Stone Massage

Warm basalt stones are used throughout this massage, allowing for a truly relaxing experience. (\$185, 60 min.)

BODY TREATMENTS

Therapists combine the skin-smoothing qualities of a body scrub with the soothing elements of massage to remove dry skin, increase circulation and aid detoxification.

Chardonnay Sugar Scrub

This all-natural sugar scrub is blended with shea butter and various natural oils to exfoliate and nourish your skin. The rich moisturizer will protect and heal your skin for the ultimate hydration no matter the time of year. (\$180, 60 min.)

Springs Salt Glo

Our seasonal custom salt glo is an experience that begins with Ancient Sea Salt with a blend of our Signature grape seed oil and harvested flowers, fruit and herbs from our gardens. This treatment also includes hydrating lotion application to seal the moisture into the skin. (\$180, 60 min.)

FACIALS

Our selection of facials are customized for skin type, and provided by highly trained, licensed estheticians using the finest ingredients.

Vitamin Infusion

This treatment will increase circulation, boost immunity and skin rejuvenation. A high dose of Vitamin A combined with active ingredients and nutrients penetrate deep into your skin for a continual transformation. (\$180, 60 min.)

Quench Facial

This ultra hydrating facial is the perfect remedy for dehydrated and moisture starved skin. Using a blend of natural and active ingredients designed to leave the skin refreshed, revitalized and feeling completely pampered. (\$180, 60 min./\$275/90 min.)